

※HRT Examination Interview Table (Exhibit)※

Name: _____

Date: / /

	Symptoms	None	Light	Moderate	Severe	Very severe	When does the symptom appear?
	Points	1	2	3	4	5	
1	Poor health status						
2	Body aches, muscle aches (lower back, joint, limbs, back)						
3	Excessive sweating (hot flashes)						
4	Sleeping problems (difficult to fall asleep, sleep disturbance, shallow sleep, Insomnia)						
5	Sleepiness, Fatiguability						
6	Irritability (losing your temper, low mood)						
7	Nervousness (restlessness)						
8	Anxiety (state of panic)						
9	Decrease in activity (loss of interest in activities, lack a sense of achievement)						
10	Weak muscle						
11	Depression (feeling of sadness, emotional, lethargy , mood changes, worthlessness)						
12	Sense of declines in life' s climax						
13	Helplessness and desperation						
14	Slowness of beard growth						
15	Weakened sexual ability						
16	Decrease in early morning erections						
17	Loss of libido						

The level of symptoms: 17-26 points: None, 27-36 points: Light, 37-49 points: Moderate, More than 50 points: Severe

	Symptoms	None	Light	Moderate	Severe	Very severe	When does the symptom appear?
	Points	1	2	3	4	5	
1	Wrinkles on skin						
2	Sagginess on skin						
3	Weight gain						
4	Memory Loss						
5	Predisposition to colds or stubborn colds						
6	Brittle nails						
7	Hair loss						

※These personal information is used only for the procedure at our clinic, and not used for other purposes.